What is Chiropractic?

Chiropractors diagnose and treat a broad range of physical conditions in patients with muscular, nervous, and skeletal problems, especially the spine.

Chiropractors make use of conventional diagnostic tests, such as X-rays, MRIs, and lab work, as well as specific procedures that involve manipulation by hand of various parts of the body. Chiropractors are best known for their ability to correct misalignments of the spine, which are called subluxations. But spinal manipulation is only a small part of what chiropractors do as part of an overall plan to manage and relieve pain and many kinds of ailments. Other kinds of treatments chiropractors are capable of providing include:

- Electrotherapy
- Therapeutic exercise
- Ice/heat therapy, including therapeutic ultrasound
- Lifestyle and nutrition counseling
- Massage therapy
- Physical rehabilitation
- Stress management

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